Mouth Care Pack after 24 hours of admission

Oral assessment

Unhealthy mouth & the affects on nutrition, hydration & dignity

Tools & products

Help & level of support

Sunflower & denture care

What is MOUTHS?

MOUTHS is an acronym designed to help remember the 6 key points for carrying out good mouth care.

By using MOUTHS in patients daily mouth care routine, their overall dignity and wellbeing will be greatly improved.

The Mouth Care Pack...

| Screening sheet | Mouth care assessment | Daily recording sheet |

What to look for?

1. Lips: Pink & moist
2. Tongue: Pink, moist & clean
3. Teeth & gums: Clean, teeth are not broken or loose. Gums are not bleeding / inflamed
4. Cheeks / palate / under tongue: Clean, saliva present & looks healthy
5. Dentures: Clean & comfortable

It is important that both the dentures and the mouth are cleaned daily

How to remove & clean a denture

Tools:
- Small headed toothbrush
- Dry mouth gel
- Non-foaming toothpaste
- Named denture pot (if applicable)

Denture sunflower

Place the sunflower at the bedside to easily identify patients who have dentures to help reduce loss or damage